

## **THINGS TO KNOW BEFORE YOUR MICROGRAFT APPOINTMENT**

1. Because certain drugs cause the blood to thin you need to stop taking all aspirin and aspirin products at least 10 days before your appointment. Take Tylenol if needed. Any prescription blood thinners need to be stopped 3 days before the procedure. Please see the attached list for some of these products. Also avoid alcohol and vitamin E consumption 2 days before the procedure.
2. Eat a large breakfast the morning of your procedure. You will be given a medication that needs to be taken with food. You will be here 5 to 9 hours and we will provide lunch.
3. You may want to bring a clean baseball cap or a hat to wear home after your transplant is completed.
4. Wear comfortable clothing and a shirt that buttons down the front, rather than one that slips over your head. The rooms tend to be 72°F, dress accordingly for your comfort.
5. You may also want to bring a book or Walkman/iPod to keep you occupied; however, there is always conversation provided by the Micrografting team and boredom is seldom a problem. You may also want to bring your own DVD movie.
6. Shampoo your hair well the morning of the treatment to remove all oil, scaling or hair products. Do not apply any agents to the hair or scalp after shampooing the morning of your appointment. This includes medications (Rogaine, medicated lotions, etc.) or grooming agents (conditioning, hair spray, etc.)
7. Local anesthetic will be used to avoid discomfort during the procedure. If you desire a stronger sedation we can accommodate your request. You may not drive for 12 hours after sedation, therefore if you wish to be sedated, please arrange for someone to drive you home after the procedure.
8. If Dr. Dauer states that you are required to have lab work done, be sure to have your pre-operative laboratory work done as soon as possible. It is due 3 weeks prior to surgery. Some labs require 2 weeks to complete the tests ordered.
9. Make sure you have reviewed your post op medication with Dr. Dauer or our staff so that we may have your medication ready for you on the day of procedure.
10. Payment is due in full 2 weeks before your procedure. Our preferred methods of payment are cash, Visa, MasterCard, Amex, and cashier's check. We also offer financing through Care Credit, at an additional 3% fee through our office. Call (800) 677-0718, for details about financing.

**No Personal Checks Date of Service**

# **OVER THE COUNTER MEDICATIONS WHICH CONTAIN ASPIRIN TO AVOID BEFORE SURGERY**

**IF YOU ARE TAKING ANY OF THESE MEDICATIONS, STOP THEM 10 DAYS BEFORE SURGERY**

ANY IBUPROFEN (**Motrin, Advil**)

Aleve (Bayer)

Alka-Seltzer Effervescent Pain Reliever & Antacid (Miles Lab)

Alka-Seltzer Plus Cold Medicine (Miles Lab)

Anacin Analgesic Caps/Tabs (Whitehall)

Anacin Maximum Strength Analgesic Caps/Tabs (Whitehall)

Arthritis Bayer Time Released Aspirin (Glenbrook)

Arthritis Pain Formula by the makers of Anacin Analgesic Tabs (Whitehall)

Arthritis Strength Bufferin (Bristol-Meyers)

Ascriptin (Bristol-Meyers)

Aspergum (Plough)

Bayer Aspirin & Bayer Children's Chewable Aspirin (Glenbrook)

Bufferin (Bristol-Meyer)

Cams Inlay-Tabs (Dorsey)

Congespirin (Bristol-Meyer)

Coricidin c'D Decongestant Tabs (Schering)

Ecotrin Tablets (Menley & James)

Ecotrin Maximum Strength Tablets (Menley & James)

Empirin (Burroughs Wellcome)

En. Tab-650 Tablets (Mayrand)

Extra Strength Bufferin Caps/Tabs (Bristol-Meyer)

Excedrin (Bristol-Meyer)

4-Way Cold Tablets (Bristol-Meyer)

Goody's BC Headache Powders (Goody's)

Ibuprofen (**Motrin, Advil**)

Midol (Glenbrook)

Momentum Muscular Backache Formula (Whitehall)

Norwich Aspirin (Procter & Gamble)

Norwich Extra Strength Aspirin (Procter & Gamble)

Panalagesic (Poythress)

St. Joseph Aspirin (Plough)

St. Joseph Cold Tablets for Children (Plough)

Sins-Off Sinus Medicine Tablets-Aspirin (Menley & James)

Triaminic Tablets (Dorsey)

Vanquish (Glenbrook)

**IF YOU ARE TAKING ANY OF THESE MEDICATIONS, STOP THEM 3 DAYS  
BEFORE SURGERY AFTER CLEARING WITH PRESCRIBING PHYSICIAN**

## **PRESCRIPTION BLOOD THINNERS**

Warfarin-AKA Coumadin

Heparin

Plavix

Miradon

Enoxaprin (New Drug)

**IF YOU HAVE QUESTIONS ABOUT OTHER MEDICATIONS, PLEASE CALL US.**

